



Dieting Success

by Shelly Hazard

November, 2007

Print 'n' Play Text
and Table of Results

Five friends decided that it was high time they lost all that extra body fat and returned to the more comfortable weight each was in high school or college. So, they started their own dieting and exercise program with great success. A year later, each woman had made her target weight, losing between 60 and 100 pounds! Determine the full name of each woman and their before and after weights.

1. Sara, whose last name wasn't Abington, lost more weight than Alice. Paula lost 80 pounds, but her starting weight wasn't 210 pounds.
2. Ms. Carver, whose first name wasn't Paula, ended her weight loss at 160 pounds.
3. The woman who lost the least weight started at 200 pounds. Ms. Wake lost 100 pounds.
4. The two women who lost 80 pounds were Ms. Mann and the woman whose final weight was 110 pounds.
5. Miriam started at the highest weight, 250 pounds but she didn't end with the highest weight.
6. Sara ended her weight loss at 130 pounds. Cynthia Knight didn't end at 150 pounds.

First Name	Last Name	Pounds Started	Pounds Ended



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		Abington	Carver	Knight	Mann	Wake	Starting					Ending				
							190 pounds	200 pounds	210 pounds	230 pounds	250 pounds	110 pounds	130 pounds	140 pounds	150 pounds	160 pounds
	Alice															
	Cynthia															
	Miriam															
	Paula															
	Sara															
Ending	110 pounds															
	130 pounds															
	140 pounds															
	150 pounds															
	160 pounds															
Starting	190 pounds															
	200 pounds															
	210 pounds															
	230 pounds															
	250 pounds															